



# CHALLENGING RACISM

## DIG DEEPER

# BUILDING UNDERSTANDING

A bundled series of 2-4 of our Getting Started sessions structured to provide a deeper understanding of key racial equity issues and implications in society today.

### WHO SHOULD JOIN?

- Businesses & Professionals
- Nonprofit & Local Organizations
- Elected Leaders, Policy Makers
- Communities of Faith
- Law Enforcement
- Educators & Administrators
- Students & Youth
- Theatre and Arts
- Community Members

### OUR IMPACT

- Facilitated conversations and activities on racial equity topics
- Introduce and explain the historic context of systemic racism
- Provide basic skills to disrupt systemic and individual racism
- Introduce opportunities to challenge racism in their community
- Create a passion to continue lifelong learning on these issues
- Focus on three fundamental areas: Systemic racism, interpersonal relations, and skill development.

### WHAT'S INCLUDED?

- Up to 4 sequential sessions
- 2-2 ½ hours each
- Up to 10 training hours
- Up to 75 participants
- In-Person or Virtual
- Co-Facilitated by at least 1 POC and 1 white
- Small Group Breakouts
- Interactive curriculum
- Personal Storytelling
- Basic skill building
- Participant Workbooks
- Digital Credentials

## SELECT ONE TOPIC EACH SESSION

### SYSTEMIC RACISM

- Housing Segregation & Redlining
- School Segregation & Inequity
- Arlington Segregation Walls



### INTERPERSONAL RELATIONS

- Racial Microaggressions
- Unpacking the White Privilege Knapsack



### SKILLS & TOOLS TO DISRUPT RACISM

- Challenging Racism Everyday! For Teens
- Challenging Racism Everyday! For Adults
- How to Talk to Kids About Race



### SPECIAL ADD-ONS

#### LEVEL-SETTING AND GROUP PROGRAMS

- Conversation Starter: Privilege & Bias
- Conversation Starter: Equality & Equity
- Book/Article Discussion Groups
- Movie/Documentary Discussion Groups