

## May 2021 Resources for Anti Racist Living Newsletter

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From: Challenging Racism (mail@networkforgood.com)

To: porozco\_98@yahoo.com

Date: Friday, May 14, 2021, 10:00 AM EDT

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## MAY 2021

### RESOURCES FOR ANTI-RACIST LIVING



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### NOT TO BE MISSED!

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#### Running Against Racism VIRTUAL 5K Run / Walk 2021

May 15 - 22, 2021

[Registration OPEN now](#)

Join us as we support one another and our vision for an anti-racist society. This year we are going virtual again, all runners welcome! Register below to participate!

You pick your location, and even your date!

Track your mileage (5K = 3.1 miles), and upload a picture of yourself, your family or a friend, as physical distancing guidelines allow, to Challenging Racism's Facebook Event and/or Instagram when you complete your run/walk by or on May 22.

More information on Challenging Racism's [website](#).

# RUNNING AGAINST RACISM VIRTUAL 5K



## BENEFITS CHALLENGING RACISM:

*To empower and inspire  
people to disrupt  
racism one compassionate  
conversation at a time.*

## WHAT:

*A run/walk to challenge racism*

## WHEN:

*May 15-22, 2021*

## WHERE:

*Wherever you can!*

## HOW:

*Use #CR5K and  
#RunningAgainstRacism to share  
pictures or post on our events page  
on Facebook to show support!*

*For individuals who register and donate \$45 or more before May 7th, you will receive a  
\*Running Against Racism t-shirt that you can wear for your run and your race photo.*

\*T-shirt available while supplies last

MORE INFO: [WWW.CHALLENGINGRACISM.ORG](http://WWW.CHALLENGINGRACISM.ORG) OR EMAIL [5K@CHALLENGINGRACISM.ORG](mailto:5K@CHALLENGINGRACISM.ORG)

Register to Run / Walk Here

BECOME A SPONSOR

# RUNNING AGAINST RACISM



# VIRTUAL 5K

## SPONSORSHIP LEVELS

LEVEL OF SPONSORSHIP/BENEFITS	PLATINUM \$5000	GOLD \$2000	SILVER \$1000	BRONZE \$500
#OF REGISTRATIONS/T-SHIRTS	8	8	4	2
BOOK CLUB/1-HR DISCUSSION GROUP	1	-	-	-
RECOGNITION				
WEBSITE BANNER	✓	✓	✓	-
E-MAIL, SOCIAL MEDIA, PRESS RELEASES	✓	✓	✓	-
LOGO/NAME ON T-SHIRTS	✓	✓	✓	-
POST-EVENT RECOGNITION				
ACKNOWLEDGEMENT AT ANNUAL FALL FEST	✓	✓	✓	-
E-MAIL/SOCIAL MEDIA	✓	✓	✓	✓
THANK YOU E-MAIL BLAST TO RUNNERS	✓	✓	✓	✓
NEWSLETTER MENTION	✓	✓	-	-

- *Those organizations or individuals who donate over \$1000 will be invited to a VIP Event TBD.*
- *To support equity and access, Sponsors have the option to donate their benefit registrations (or donate additional tickets) to those who cannot afford it and want to run.*

Register to Sponsor Here

**Donate what you can** For individuals who donate \$45 and up, you will receive a Running Against Racism t-shirt (while supplies last) that you can wear for your run and your race photo (Two T-shirt pick up locations: Arlington and Baltimore TBD).

If you cannot make it but would like to make a [donation](#), click here to donate through our website.

### Challenging Racism: Learning to Lead

Saturdays and Sundays, 8:30 am - 12:30 pm

June 26/27 and July 10/11 and 17/18

Online via Zoom

[Registration](#) is open now!



# LEARNING TO LEAD SUMMER 2021

*An intense facilitation training program that provides the skills and training to facilitate any group where race or topics related to race are likely to arise. The course provides direct work on how to create safe spaces for difficult conversations in any setting.*

*Facilitated by:*

**TIM COTMAN AND SHARI BENITES**

SATURDAYS AND SUNDAYS  
JUNE 26/27 AND JULY 10/11, 17/18

8:30 AM - 12:00 PM

COST: \$2,500

*A deposit of \$300 is required with application*

*More information:*

[www.challengingracism.org/learning-to-lead](http://www.challengingracism.org/learning-to-lead)



## NEW TOOLS FOR ADVANCING RACIAL EQUITY IN ARLINGTON

Arlington County just released a set of new tools to help advance racial equity efforts in Arlington. The collection of neighborhood toolkits and data dashboards are products of the County's [Realizing Arlington's Commitment to Equity \(RACE\)](#) program.

"Talking frankly about race and equity in our society can be difficult, and we're taking steps to help everyone normalize conversations about race," says Samia Byrd, Chief Race and Equity Officer. "We're also digging deep into the history and data to better organize, operationalize, and assess racial equity throughout our community. These tools are foundational to supporting long-term culture change and addressing systemic racism. While we have a long way to go, these early tools provide a way to understand and talk about our past, learn who we are now as a community and identify and shape the journey to who we want to become in the future."

The [Toolkits for Conversations on Race & Equity](#) are self-guided programs that can be used to spark conversations with family, friends, and neighbors. Three unique chapters are available for conversations around kitchen tables, back yards:

**Toolkit on Bias** – Bias is a preference in favor of, or against, a person, group of people, or thing. This toolkit can help participants examine patterns of bias, and to challenge negative or harmful biases within us and around us.

**Toolkit on Equity** – While “equality” means everyone has the same rights, opportunities and resources, “equity” recognizes that equality doesn’t truly address everyone’s needs. This toolkit can help build understanding about the difference between the terms and facilitate conversations around racial equity.

**Toolkit on Privilege** – Privilege can be defined as a set of unearned benefits given to people who fit into a specific social group. This toolkit is intended to guide exploration about the advantages that people might accrue from privilege – even if they are unaware that they have it – and looks at how racism is built into society in some surprising ways.

Designed with our partner, [Challenging Racism](#), each conversational unit will take about an hour and can be done in informal settings such as with family around the dinner table, with a book club, or in other social gatherings. We hope that as people have these conversations among family, friends, and neighbors, they build their capacity to talk with anyone, anywhere. The toolkits are a continuation of the conversations that were initiated during the Dialogues on Racial Equity in Your Community virtual sessions hosted in 2020.

[View the Dialogues on Racial Equity \(DRE\) Final Report](#)

## New Demographic Data Dashboards

The County also is releasing two dashboards that organize Arlington’s demographic data at the countywide and subcounty levels. The Race and Ethnicity Dashboard offers the ability to compare 22 key demographic variables of Arlington’s population by race and ethnicity. The Census Tract Demographic Dashboard allows users to discover the variations in demographics throughout Arlington at the Census Tract level. The interactive dashboards allow users to drill down into demographic data to discover snapshots of racial equity – and inequity – in Arlington.

[View interactive demographic data by neighborhood/location](#)

[View interactive demographic data by race/ethnicity](#)

## Racial Equity History & Timeline

The County is in the process of assembling an educational timeline featuring the history of race in Arlington over multiple centuries. This enlightening project will help the community assess where we are and how we got here. In addition, the County has [additional online resources available now](#) that highlight Arlington’s history through webpages, images, transcripts, and more.

## About Realizing Arlington’s Commitment to Equity (RACE)

The County Board adopted an [Equity Resolution](#) in September 2019. To further this commitment to equity, the County established RACE (Realizing Arlington’s Commitment to Equity). The mission of RACE is to advance racial equity as a countywide priority to eliminate, reduce, and prevent disparities in our policies, procedures practices, engagement, and interaction with and service to the community. An equitable Arlington is one where all are valued, educated, healthy and safe regardless of race.

[Learn more about RACE](#) and other equity-related initiatives in Arlington County.



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## UPCOMING EVENTS

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### Reimagining Racial Equity

[REGISTRATION NOW OPEN FOR COHORT #3!](#)

May 11 – June 29, 2021

Now is the time. The very essence of racial inequity has been repeatedly placed front and center. Individuals and organizations alike are being called to act. The opportunity for transformation has never been greater.

Join Racial Equity, Diversity, and Inclusion (REDI) Strategist Danielle Marshall of Culture Principles and Executive Coach Wendy Moomaw of the Conscious Collaboratory<sup>SM</sup>, for this eight-week workshop intensive called Reimagining Racial Equity. This program is an opportunity for participants to explore what racial equity is, discover how it differs from – and is more than – diversity and inclusion, and learn and reimagine how to infuse the work of racial equity into their organizations. We're holding a space for inclusivity that honors multiple perspectives and lived experiences.

### REGISTER NOW FOR EARLY-BIRD SAVINGS

This Workshop Series is limited to 20 participants. The cost to attend the eight-week series is \$1750.

Participants are invited to contribute to our Pay It Forward\* fund, which will enable access for two individuals to attend at a reduced price of \$500. For those interested in helping to Pay It Forward, please send donations via Venmo to: @CulturePrinciples indicating “For Pay It Forward Fund.” For more information about how to apply or contribute, visit the [Conscious Collaboratory<sup>SM</sup> website](#).

\*If you would like to [apply for one of the two Pay-it-Forward slots, please submit an application](#) by May 3, 2021. The selected recipients are responsible for \$500.

Visit the Conscious Collaboratory on [Facebook](#) or [LinkedIn](#) to get updates, ask questions, and share the event with others.



# FROM OUR FACEBOOK FEED

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## Resources on Antiracism

Being Antiracist: To create an equal society, we must commit to making unbiased choices and being antiracist in all aspects of our lives.

Looking for more information on antiracism? Check out the National Museum of African American History & Culture's website [here](#).



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## There is a clear fix to helping Black communities fight pollution

Industrial pollution has sickened and poisoned Black communities for decades. Environmental justice experts have a solution to stop this. Learn more [here](#).



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## Is environmentalism a classist issue?

Check out this article: 'American environmentalism's racist roots have shaped global thinking about conservation'.

Check also this [article](#) about how American environmentalism's racist roots have shaped global thinking about conservation.



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## 14 Anti Racist Books for Kids and Teens Recommended by BIPOC Teachers and Librarians

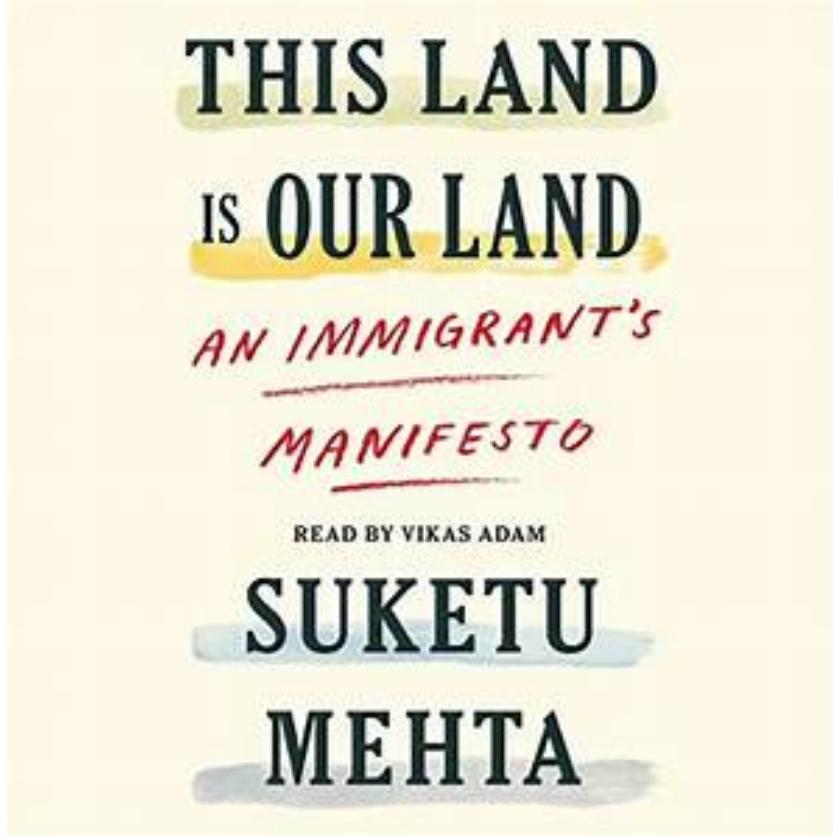
Struggling to find a way to talk to your kids about race? Here's a great [list of books](#) to help teach them about a complicated and difficult subject by diverse authors and with diverse characters.



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## RECOMMENDED BOOKS FROM OUR INSTAGRAM FEED

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## This Land is Our Land: An Immigrant's Manifesto by [Suketu Mehta](#)

This book is a timely argument for why the United States and the West would benefit from accepting more immigrants.

There are few subjects in American life that prompt more discussion and controversy than immigration. But do we really understand it? In *This Land Is Our Land*, the renowned author Suketu Mehta attacks the issue head-on. Drawing on his own experience as an Indian-born teenager growing up in New York City and on years of reporting around the world, Mehta subjects the worldwide anti-immigrant backlash to withering scrutiny.

As he explains, the West is being destroyed not by immigrants but by the fear of immigrants. Mehta juxtaposes the phony narratives of populist ideologues with the ordinary heroism of laborers, nannies, and others, from Dubai to Queens, and explains why more people are on the move today than ever before. As civil strife and climate change reshape large parts of the planet, it is little surprise that borders have become so porous.

But Mehta also stresses the destructive legacies of colonialism and global inequality on large swaths of the world: When today's immigrants are asked, "Why are you here?" they can justly respond, "We are here because you were there." And now that they are here, as Mehta demonstrates, immigrants bring great benefits, enabling countries and communities to flourish.

Impassioned, rigorous, and richly stocked with memorable stories and characters, *This Land Is Our Land* is a timely and necessary intervention, and a literary polemic of the highest order.

National Book Award-Winning Author of *BROWN GIRL DREAMING*

# JACQUELINE WOODSON

## *Harbor Me*

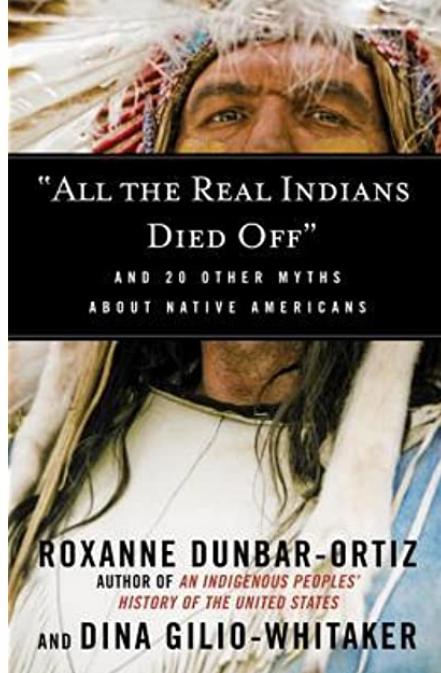


### **Harbor Me by Jacqueline Woodson**

This book, with some great representation for kids reading at a fourth grade level, penned by the amazing National Book Award winning author of Brown Girl Dreaming, follows six students with diverse backgrounds who end up together in a special-needs 5th/6th grade class in Brooklyn. Their perceptive teacher gives them one hour every Friday afternoon to simply talk with each other unsupervised.

The results are deep conversations about their individual experiences and a bond formed from mutual respect and empathy. Through her compelling and big-hearted characters, Woodson makes the conversations around immigration, incarceration, police brutality, and class divide age-appropriate and approachable for young people.

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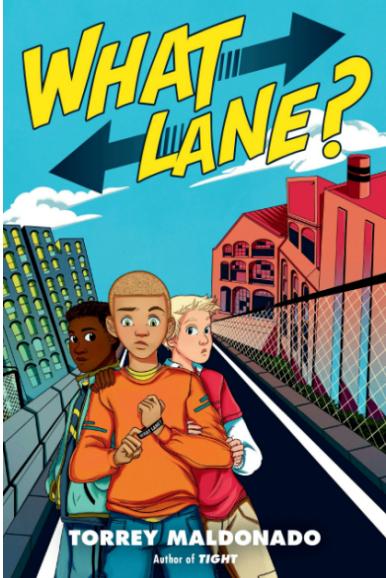
## All the Real Indians Died Off: And Other Myths about Native Americans by [Roxanne Dunbar-Ortiz](#) and [Dina Gilio-Whitaker](#)

This book unpacks the twenty-one most common myths and misconceptions about Native Americans. In this enlightening book, scholars and activists Roxanne Dunbar-Ortiz and Dina Gilio-Whitaker tackle a wide range of myths about Native American culture and history that have misinformed generations. Tracing how these ideas evolved, and drawing from history, the authors disrupt long-held and enduring myths such as:

- “Columbus Discovered America”
- “Thanksgiving Proves the Indians Welcomed Pilgrims”
- “Indians Were Savage and Warlike”
- “Europeans Brought Civilization to Backward Indians”
- “The United States Did Not Have a Policy of Genocide”
- “Sports Mascots Honor Native Americans”
- “Most Indians Are on Government Welfare”
- “Indian Casinos Make Them All Rich”
- “Indians Are Naturally Predisposed to Alcohol”

Each chapter deftly shows how these myths are rooted in the fears and prejudice of European settlers and in the larger political agendas of a settler state aimed at acquiring Indigenous land and tied to narratives of erasure and disappearance. Accessibly written and revelatory, “All the Real Indians Died Off” challenges readers to rethink what they have been taught about Native Americans and history.

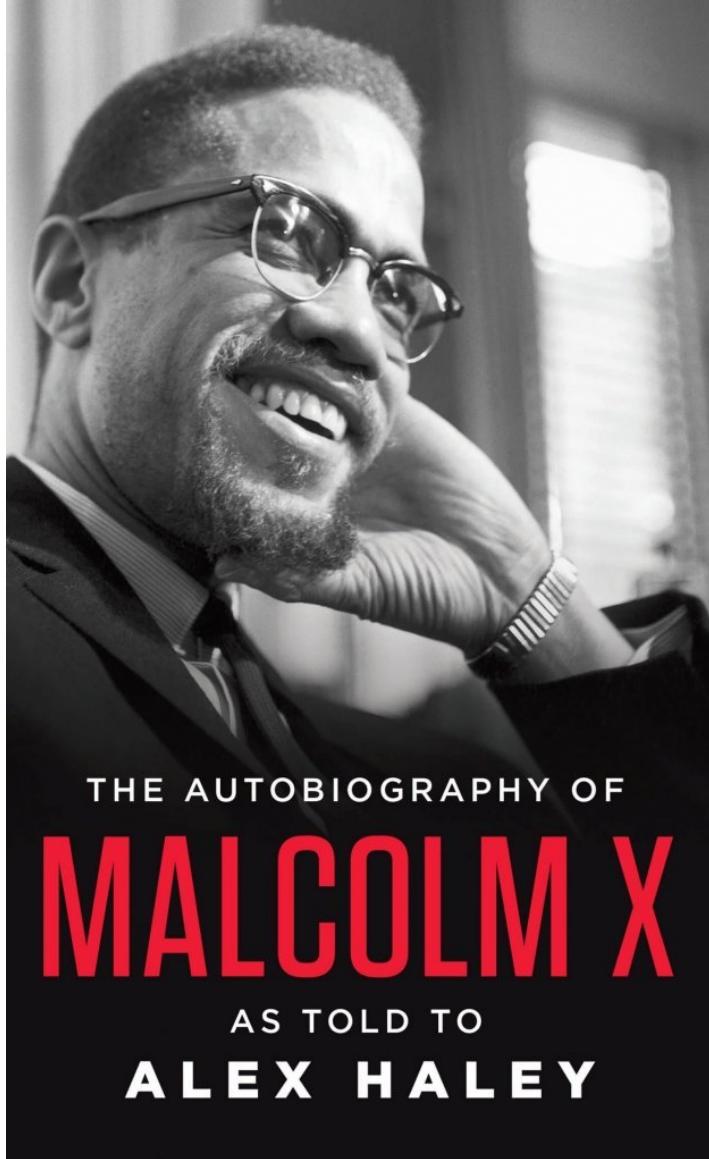
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## What Lane by [Torrey Maldonado](#)

Torrey Maldonado, also the author of the critically acclaimed "Tight and Secret Saturdays", is a teacher in Brooklyn, New York, where he was born and raised. His books reflect his students' and his experiences. What Lane? is fast-paced, engaging, and short, taking readers through the experience of what a Black boy says and feels as he grows bigger and others shift their perception from seeing him as a cute child to viewing him as a potential threat. Stephen, the main character, questions this shift and has the hard conversation with his father.

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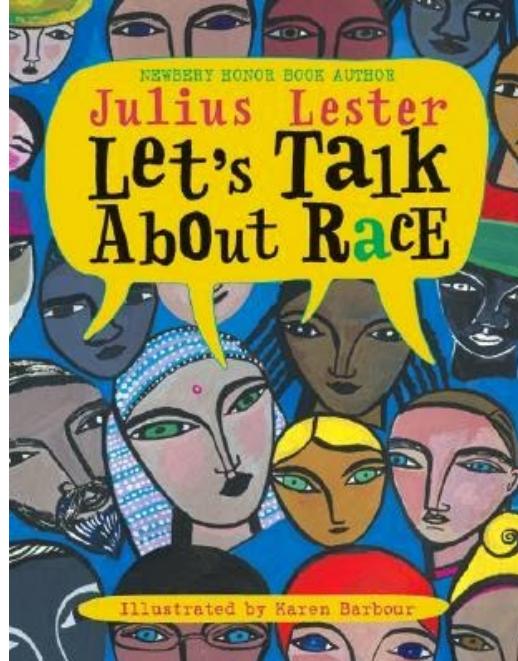


### The Autobiography of Malcom X as told to Alex Haley

In the searing pages of this classic autobiography, originally published in 1964, Malcolm X, the Muslim leader, firebrand, and anti-integrationist, tells the extraordinary story of his life and the growth of the Black Muslim movement. His fascinating perspective on the lies and limitations of the American Dream, and the inherent racism in a society that denies its nonwhite citizens the opportunity to dream, gives extraordinary insight into the most urgent issues of our own time.

The Autobiography of Malcolm X stands as the definitive statement of a movement and a man whose work was never completed but whose message is timeless. It is essential reading for anyone who wants to understand America.

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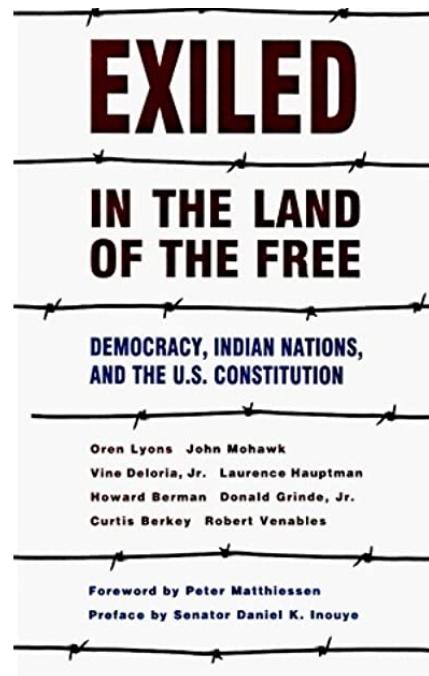
## **Let's Talk About Race by [Julius Lester](#) and illustrated by [Karen Barbour](#)**

In this acclaimed book, the author of the Newbery Honor Book To Be a Slave shares his own story as he explores what makes each of us special. A strong choice for sharing at home or in the classroom.

Karen Barbour's dramatic, vibrant paintings speak to the heart of Lester's unique vision, truly a celebration of all of us. "This stunning picture book introduces race as just one of many chapters in a person's story" (School Library Journal). "Lester's poignant picture book helps children learn, grow, discuss, and begin to create a future that resolves differences" (Children's Literature).

Julius Lester said: "I write because our lives are stories. If enough of these stories are told, then perhaps we will begin to see that our lives are the same story. The differences are merely in the details."

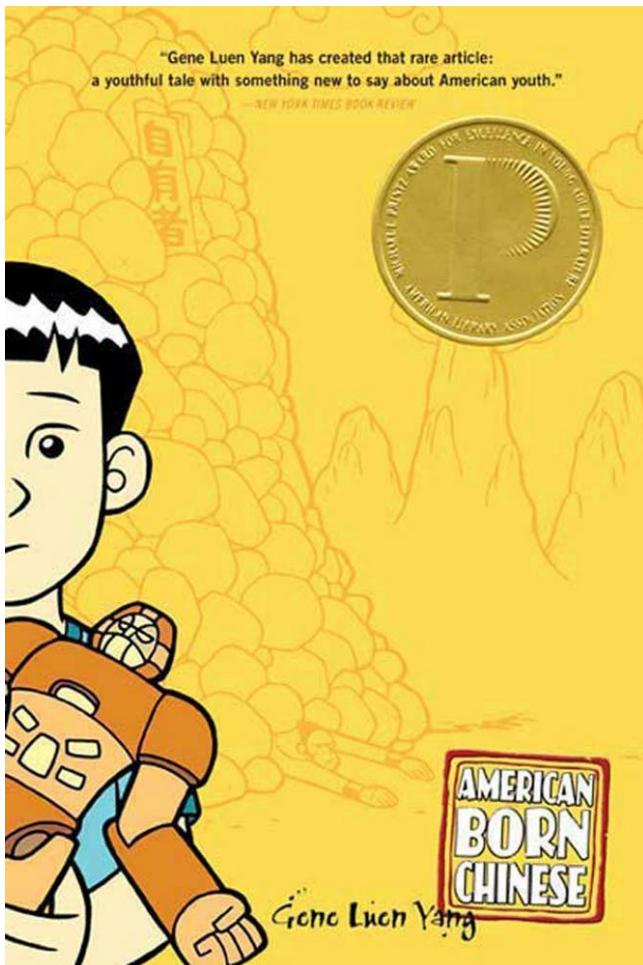
I am a story. So are you. So is everyone.



**Exiled in the Land of the Free: Democracy, Indian Nations and the US Constitution by [Oren Lyons](#)**

Exiled in the Land of the Free is a dramatic recounting of early American history and an eloquent call for reform that will not be ignored. Written by eight prominent Native American leaders and scholars, each a specialist in his area of expertise, Exiled in the Land of the Free: Democracy, Indian Nations and the U. S. Constitution is a landmark volume, sure to be read by generations to come.

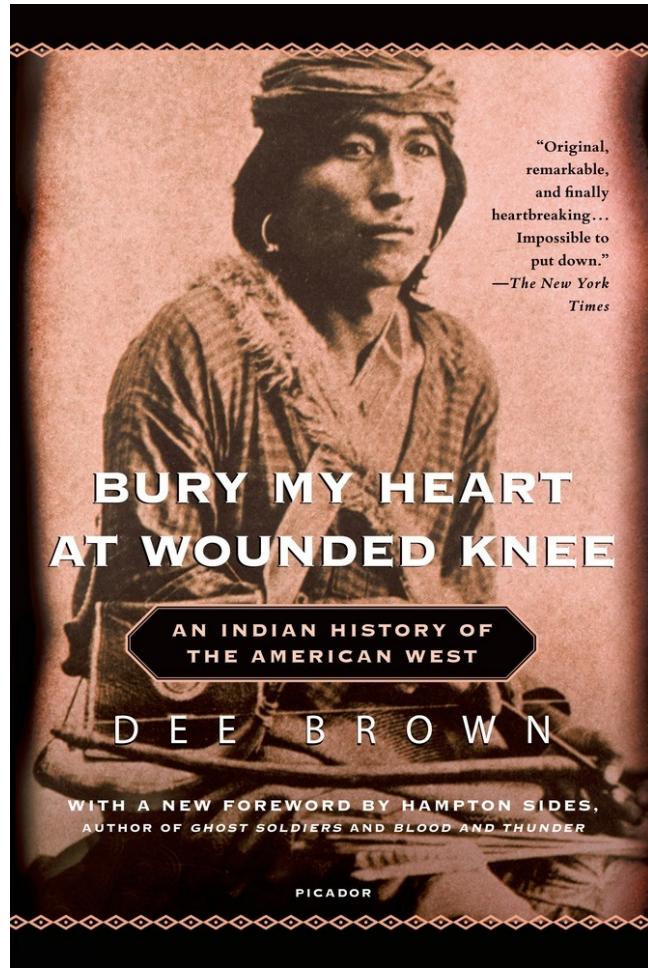
An aspect of American history that has been ignored and denied for centuries is the extent to which we are indebted to Native Americans for the principles and practices on which our democratic institutions are based. This is the first work to recognize that legacy and trace our model of participatory democracy to its Native American roots. This book, which was written into the Congressional Record, has major implications for future relations between Indian tribes and the governments of the United States and other nations. It presents the strongest case ever made for Native American sovereignty. American history has finally been written—not from the European point of view—but from an Indian perspective. Exiled in the Land of the Free has been adopted for courses in twelve universities, to date.



### American Born Chinese by [Gene Luen Yang](#)

A tour-de-force by New York Times bestselling graphic novelist Gene Yang, American Born Chinese tells the story of three apparently unrelated characters: Jin Wang, who moves to a new neighborhood with his family only to discover that he's the only Chinese-American student at his new school; the powerful Monkey King, subject of one of the oldest and greatest Chinese fables; and Chin-Kee, a personification of the ultimate negative Chinese stereotype, who is ruining his cousin Danny's life with his yearly visits. Their lives and stories come together with an unexpected twist in this action-packed modern fable. American Born Chinese is an amazing ride, all the way up to the astonishing climax.

American Born Chinese is the winner of the 2007 Michael L. Printz Award, a 2006 National Book Award Finalist for Young People's Literature, the winner of the 2007 Eisner Award for Best Graphic Album: New, an Eisner Award nominee for Best Coloring, a 2007 Bank Street Best Children's Book of the Year, and a New York Times bestseller.



## Bury my Heart at Wounded Knee by [Dee Brown](#)

This book is the landmark, best-selling account of the crimes against American Indians during the 19th century, now on its 50th Anniversary.

First published in 1970, *Bury My Heart at Wounded Knee* is Dee Brown's eloquent, meticulously documented account of the systematic destruction of American Indians during the second half of the nineteenth century. A national bestseller in hardcover for more than a year after its initial publication, it has sold almost four million copies and has been translated into seventeen languages.

Using council records, autobiographies, and firsthand descriptions, Brown introduces readers to great chiefs and warriors of the Dakota, Ute, Sioux, Cheyenne, and other tribes, revealing in heart-wrenching detail the battles, massacres, and broken treaties that methodically stripped them of freedom. A forceful narrative still discussed today as revelatory and controversial, *Bury My Heart at Wounded Knee* permanently altered our understanding of how the American West came to be defined.

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## FILMS TO WATCH THIS MONTH

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## **Stompin' at the Savoy (1992)**

Directed by [Debbie Allen](#) “as the Harlem Renaissance flourishes in jazzy New York City, Pauline (Vanessa Williams), Esther (Lynn Whitfield) and Alice (Jasmine Guy) struggle to survive. By day, they toil at dreary jobs, dreaming of stardom, riches and happiness. By night, they dance their troubles away at the famous Savoy Ballroom. But when World War II appears on the horizon, the girls find their fortunes unfolding too unevenly to reconcile, and they inevitably begin to drift apart.” Tina's face, humiliating her in front of a diner full of people, showing no remorse.

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## **The United States vs. Billie Holiday (2021)**

An American biographical film about singer Billie Holiday, based on the book Chasing the Scream: The First and Last Days of the War on Drugs by Johann Hari, in which The Federal Bureau of Narcotics launches an undercover sting operation against jazz singer Billie Holiday. Directed by [Lee Daniels](#), the film stars Andra Day in the titular role, along with Trevante Rhodes, Leslie Jordan, Natasha Lyonne and Garrett Hedlund. For her performance, Day was nominated for the Academy Award for Best Actress and won the Golden Globe Award for Best Actress – Motion Picture Drama; the film was also nominated for the Golden Globe Award for Best Original Song ("Tigress and Tweed").

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## **Once Upon a Time When We Were Colored (1995)**

Directed by Tim Reid and adapted from the story by Clifton Taulbert, in this film it's 1946 in Mississippi, and young Cliff (Charles Earl Taylor Jr.), living under the care of great-grandfather Poppa (Al Freeman Jr.) and great-grandmother Ma Pearl (Paula Kelly), is starting to notice the world around him. But it isn't a pretty one for blacks in the South, and over the span of 16 years, Cliff gets introduced to segregation and sadness. But hope finally arises when his close-knit community bands together to fight for civil rights in a nonviolent way.

This film has some issues, but it's always worth it to watch and analyze imperfect representations of black life.

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## **Loving (2016)**

Loving is a biographical film about Richard and Mildred Loving, a couple who were arrested for their interracial marriage in 1958. Their Supreme Court case was a landmark decision that resulted in the end of laws banning interracial marriage, and this movie shows the powerful impact of standing up and fighting for what you believe in.

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## **INTERESTED IN VOLUNTEERING FOR CR**

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Challenging Racism is looking for volunteers to join us as we design and implement a range of fundraising and outreach activities for the Executive Director and Board.

Volunteers help plan events, build partnerships, conduct outreach via social media, apply for grants, and design programs for organizations in need of our conversations.

All skills are needed and welcomed and volunteers can choose their areas of expertise to help with. Areas we currently need volunteer assistance with are:

- Grants writing
- Handling Press Releases & Public Relations
- Fundraising for 2021 including our 3rd Annual Running Against Racism Virtual Run/Walk, Giving Tuesday and many more
- Marketing and Squarespace knowledge to help with our Website
- IT & Database management to help with Google Drive

Please complete the form below and feel free to contact us at [volunteer@challengingracism.org](mailto:volunteer@challengingracism.org)

## Volunteer Form



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If you want to support our mission, you can donate here. Thank you!

DONATE



Challenging Racism  
1101 Wilson Blvd, 6th Floor  
Arlington, VA 22209  
Email not displaying correctly?  
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[Unsubscribe](#)